

Pre- and Post- Procedure Instructions

Please be sure to read all instructions carefully and ask any questions before the procedure...there's no such thing as a stupid question!

Pre-Procedure Instructions

1. Use a mild skin cleanser and no moisturizers for several days prior to your procedure. Take your normal medications as needed and eat well the day of or night before the procedure. You'll need to allow at least 2 hours for the procedure.
2. If you're having an eyeliner procedure, it is advised that you have someone else drive you home. If you drive, do so at your own risk.
3. Do not wear contact lenses as you will not be able to wear them for 48 hours.
4. Do not tweeze, wax, have electrolysis, or get sunburned for one week prior to the treatment.
5. Advise your technician if there is any chance you could be pregnant.
6. If you have ever had fever blisters in the past, you **MUST** obtain a prescription for Zovirax or Valtrex prior to the procedure. If you have a history it's almost certain you will have a flare-up.
6. If you're having a lip procedure and you have Mitral Valve Prolapse, you **MUST** obtain a prescription for prophylactic antibiotics.
8. Do not use aspirin or ibuprofen (Advil) for two weeks prior to treatment. Use Tylenol.
9. You can take extra vitamins and calcium prior to your procedure to help healing and reduce swelling.
10. **DO NOT** take any pain killers prior to treatment. You can take Benedryl unless you have a thyroid disorder and you don't drive yours self. It may be necessary to call someone to pick you up after your procedure if your technician feels it is warranted for your own safety.
11. Avoid alcohol and eat properly for 24 hours before your procedure.

Post-Procedure Instructions

1. Clean the area several times a day by splashing it with cool water then reapply healing ointment for four (4) days. You can use HealQuick or Vaseline. **DO NOT** use an antibiotic cream if you are allergic to antibiotics. If any itching occurs you may use an over the counter Hydrocortisone cream but **DO NOT** use it on eyeliner. Apply only a slight coating and **DO NOT PUT DIRECTLY IN THE EYES**
2. It is natural that some flaking will occur during the healing process, usually 5-10 days after the procedure. This is a normal part of the healing process. **DO NOT PICK OR SCRATCH THE FLAKES OR SCABS**. Excessive touching or picking will cause them to fall off faster and take color with them.
3. **DO NOT** go into the sun, ocean, or swimming pool for two (2) weeks. Wear a sunscreen with SPF 15-25 to protect the area(s).
4. Take Advil or Tylenol as necessary for discomfort. Apply cold packs to the area immediately afterwards and off and on during the next 24 hours. It will help reduce the swelling and will make you more comfortable.
5. You may shower on the day following the procedure as usual, just be sure not to rub the procedure area.
6. You can expect swelling, redness, bruising, and bloodshot eyes following eyeliner procedure. Please call your technician with any concerns or your doctor with any emergency.
7. Operate a motor vehicle after the procedure at your own risk. **DO NOT** look into the rear view mirror at your new make-up. **WAIT UNTIL YOU GET HOME**.
8. If an eyeliner procedure is done, new mascara is a **MUST**. Old eye makeup can contaminate your wounds.
9. Lip liner clients should continue to use Lysine or Zovirax according to a doctor's directions.
10. **RETIN-A** and facial peels may remove permanent cosmetic color, so avoid applying these over your permanent cosmetics.
11. Intra-dermal pigmentation is a layering process and requires two or more procedures for the best possible results. Modification of shape, color, and/or pigment lightening may require multiple sessions.
12. You may not be able to donate blood for a period of one (1) year after you receive cosmetic tattooing.
13. Call your doctor at the first sign of infection.

Treated areas should be surface healed within 3-7 days however individuals vary and lips may take longer. It is normal to lose approximately one-third (1/3) of eyebrow color and up to two-thirds (2/3) of lip color during the healing process. When you leave the procedure the color may be too dark. In three (3) to five (5) days it may look to light (on lips some clients believe they have lost all the color) but in a week to ten (10) days following your treatment the color will begin to show more. The color will appear softer and/or lighter when healed completely because the new "outer" layer of skin, the epidermis, will contain no color and you will be seeing the color in the dermis, the "inner" layer of skin.